



Reducing Hypertension (High Blood Pressure)

A health awareness event for people with learning disabilities

Wednesday 12th February
10.00am–12pm
Refreshments from 9.30am

The Rufus Centre
Steppingley Road
Flitwick MK45 1AH

This event is to raise awareness of the health benefits of reducing hypertension in people with learning disabilities. Parents/Carers are welcome.



Speakers



Stands



BP checks



Refreshments



Entertainment

To book your free place, please scan the QR code, email:
annette.brown@healthwatch-centralbedfordshire.org.uk or call **0300 303 8554**

